

# Worth its Salt

## List of Treatments

### Signature Treatments

|                              |       |       |
|------------------------------|-------|-------|
| The Age Recovery Cure Facial | ⌚ 60  | 💰 150 |
| Lomi Juma                    | ⌚ 60  | 💰 140 |
| Hydro Renewal                | ⌚ 60  | 💰 150 |
| Escape to Morocco            | ⌚ 110 | 💰 220 |

### Wellbeing Massage

|                |         |           |
|----------------|---------|-----------|
| Calm and Relax | ⌚ 60-90 | 💰 100-140 |
| Touch of Bali  | ⌚ 60-90 | 💰 110-150 |
| Deep Tissue    | ⌚ 60-90 | 💰 110-150 |
| Volcanic Stone | ⌚ 90    | 💰 150     |
| Heated Herbal  | ⌚ 75    | 💰 150     |
| Reflex Foot    | ⌚ 30-60 | 💰 60-90   |

### Specialty Massage

|             |         |           |
|-------------|---------|-----------|
| Javanese    | ⌚ 60    | 💰 120     |
| Candle Melt | ⌚ 60    | 💰 120     |
| Two of You  | ⌚ 60-90 |           |
| Warm Oil    | ⌚ 60-90 | 💰 110-150 |

### Quick Massage

|                   |      |      |
|-------------------|------|------|
| Back Reviver      | ⌚ 30 | 💰 60 |
| Shiro Dhara       | ⌚ 30 | 💰 40 |
| Headache-Less     | ⌚ 30 | 💰 60 |
| Anti-Stress Touch | ⌚ 30 | 💰 60 |

### Lava Shell Massage

|                         |      |       |
|-------------------------|------|-------|
| Lava Shell Relax Body   | ⌚ 60 | 💰 120 |
| Lava Shell Tummy        | ⌚ 15 | 💰 30  |
| Lava Stones Back & Legs | ⌚ 45 | 💰 80  |

### Moroccan Hammam Ritual

|             |      |       |
|-------------|------|-------|
| Traditional | ⌚ 40 | 💰 80  |
| Oriental    | ⌚ 90 | 💰 170 |
| Bliss       | ⌚ 60 | 💰 130 |

### Body Treatments

|                            |      |       |
|----------------------------|------|-------|
| Citrus Scrub               | ⌚ 60 | 💰 130 |
| Bamboo Scrub               | ⌚ 60 | 💰 130 |
| Detox Marine Algae Essence | ⌚ 60 | 💰 150 |
| D-Stress                   | ⌚ 60 | 💰 130 |
| The Mother to Be           | ⌚ 60 | 💰 150 |

### Body Services Upgrades

|                |      |      |
|----------------|------|------|
| Tension Relief | ⌚ 15 | 💰 30 |
| Citrus Hands   | ⌚ 15 | 💰 30 |
| Citrus Feet    | ⌚ 15 | 💰 30 |

## Facial Treatment

|                    |      |       |
|--------------------|------|-------|
| The Express        | ⌚ 30 | 💰 70  |
| Carboxi-Express    | ⌚ 30 | 💰 80  |
| The Citrus Essence | ⌚ 60 | 💰 140 |
| The O2 Relax       | ⌚ 60 | 💰 140 |
| The Detox Cure     | ⌚ 60 | 💰 140 |
| The Yoga           | ⌚ 60 | 💰 140 |
| Facelift Optimizer | ⌚ 75 | 💰 190 |
| Essential Eyes     | ⌚ 30 | 💰 45  |

## Services Upgrades

|                    |      |      |
|--------------------|------|------|
| Peeling Addition   | ⌚ 15 | 💰 30 |
| Double Facial Mask | ⌚ 15 | 💰 30 |
| Eye Mask           | ⌚ 15 | 💰 25 |

# Sea Scented Touch

## List of Packages

### *The Complete Ocean Odyssey* ⌚ 8hrs 💰 470

- Gym access
- Sauna, steam room and Jacuzzi access
- Smoothie breakfast
- Citrus full body scrub
- Marine algae body wrap
- Full body massage upon choice
- Lunch by the sea
- Citrus facial and eye treatment
- Citrus hands and feet treatment

### *Your Escape By the Sea* ⌚ 4hrs 💰 273

- Gym access
- Sauna, steam room and Jacuzzi access
- Snack by the sea
- Traditional Moroccan Hammam
- Balinese full body massage
- Face and scalp massage

### *A Vacation For Two* ⌚ 2hrs 💰 324

- Hot oil massage
- Reflexology
- Scalp massage
- Jacuzzi access (including refreshments)

## Spa Deals

- Buy 5 treatments and get 1 free treatment.
- Buy 10 treatments and get 3 free treatments.

\* All prices are in US Dollars.

**180°**  
Fitness & Spa  
Eden Bay

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# Skilled Sailor

## Gym Memberships

### Platinum Membership

👛 6,000

- 10% discount on spa products
- 12 guest invitations
- 2 complimentary massages (60 minutes each)
- 15% discount on spa treatments
- 8 personal training sessions per month
- Full access to the 180 Gym facilities and fitness classes
- A-hour VIP card
- 4 fitness assessments
- Complimentary 2 months freezing (\$60 for each additional month)
- Full access to the Lancaster Eden Bay pools

### Gold Membership

👛 3,200

- 1 complimentary massage (60 minutes)
- 10% discount on spa treatments
- 12 personal training sessions per year
- 2 fitness assessments
- 6 guest invitations
- Full access to the 180 Gym facilities and fitness classes
- Access to indoor pool
- Access to male and female wet areas (sauna and steam room)
- Complimentary 2 months freezing (\$60 for each additional month)

### Blue Membership

👛 2,800

- 1 complimentary massage (60 minutes)
- 10% discount on spa treatments
- 12 personal training sessions per year
- 2 fitness assessments
- 6 guest invitations
- Access to male and female wet areas (sauna and steam room)
- Full access to the Lancaster Eden Bay pools
- Complimentary 2 months freezing (\$60 for each additional month)

## Silver Membership

🇸🇩 2,200

- 12 personal training sessions per year
- 2 fitness assessments
- Access to male and female wet areas (sauna and steam room)
- 3 guest invitations
- Gym use only
- Complimentary 2 months freezing (\$60 for each additional month)

## 6-Month Membership

🇸🇩 1,800

- 1 complimentary massage (60 minutes)
- 10% discount on spa treatments
- 2 fitness assessments
- 5 guest invitations
- Full access to the 180 Gym facilities and fitness classes
- Access to male and female wet areas (sauna and steam room)
- Full access to the Lancaster Eden Bay pools

## PT Packages

- 1 session at \$60
- 10 sessions at \$500 (package expires in 2 months)
- 20 sessions at \$1,000 (package expires in 4 months)
- 30 sessions at \$1,200 (package expires in 6 months)

\* The **Platinum**, **Gold**, **Blue**, and **Silver Memberships** are annual subscriptions.

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